

Counseling For Pregnant Women At Midwife Practice And Primary Health Centres

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Background: One of the factors of Maternal and Neonatal Mortality is the lack of knowledge on the cause and how to deal with important complications during pregnancy, labor, and post natal. Counseling is an effort to dig and give useful information in order to help pregnant mother to take decisions. Midwife practice and Community Health Center is an organization which aims at giving service to pregnant mother including counseling. Midwife practice an independent organization which is managed privately, whereas Community Health Center is an organization which belongs and runs by the government.

Research Objectives: The objective of the research is to find out the implementation of counseling on pregnant mother which includes, time, places, instruments, materials, problem solving, training efforts, and form of teaching counseling skill on midwife practice and Community Health Center in Bantul district.

Method: Research method used in this research is qualitative research method with case study and descriptive method. The analysis unit is the pregnant mother, midwife in charge in midwife practice and in Community Health Center. The data was taken using purposive sampling through interview, observation and library study.

Result: Counseling implementation in midwife practice and Community Health Service is done through giving information. The time done for counseling is under the standard which was below 20 minutes. The counseling process is undergone in one place along with the other services, and there are many patients in the room. The instruments used for counseling is just KIA book and there are no other instruments, the information given is merely on the problems which are shared by the pregnant mother. If the pregnant mother doesn't share her problem, the midwife will not give counseling. The problem which is often faced by the midwife is that pregnant mother has difficulties in interpreting information given. Problem solving is done through the participation of the husband during the counseling service. Training efforts to increase the counseling skill has not been done officially. The efforts taken so far is by reading books or learn from other colleagues. The form of teaching counseling skill is using roleplay, done in pairs and not more than 45 minutes.

Conclusion: The implementation of counseling for pregnant mother is done inappropriately, which is not the same as it is stated in the Standart Service of Midwifery. It makes pregnant mother doesn't have the necessary information dealing with the pregnancy.

Keywords: Counseling, Pregnancy, Midwife